Appendix 3 – Screening, Brief Intervention, and Referral to Services

The County has provided funding for School-Based SBIRT in the District, which is a program that helps screen and provide support for students with mental health or substance abuse concerns (funded by BSK and MIDD sales tax). This evaluation will seek to understand the extent to which and in what ways SBIRT has contributed to progress in student health and well-being in order to improve instruction and educational outcomes for students.

The District will maintain a list of proxy IDs and relevant student identifying information, including student first name and last name. Proxy IDs are randomly assigned numbers that are not derived from any other student information. The County will only have access to de-identified student data, manually reviewed as described below.

The District will follow all current SB-SBIRT protocols for data submission to the County - ensuring through a manual check process - that all information submitted to the County in connection to the SBIRT program has been reviewed and that any potential identifying information is removed prior to submission to the County. This manual check process will remove all direct identifiers, such as a student's name or student identification number, and indirect identifiers, such as a student's date of birth, or other information which can be used to distinguish or trace an individual's identity either directly or indirectly through linkages with other information.

Individual students will be screened using the Check Yourself tool, an electronic screening tool that also gives youth personalized feedback based on their responses. All student data captured via Check Yourself is stored in a password protected online dashboard on the Tickit Health platform by proxy ID. Data elements captured in Check Yourself by proxy ID may include student self-report of:

1. Introduction: Age, grade
2. About Me: Goals for the coming year, language spoken at home, race/ethnicity, gender identity, sexual attraction, and biggest supports in their life.
3. My Health & Safety: Factors in the home that could be positive or negative for the youth, feeling safe at school, whether they get along with the people they live with, average number of sleep hours, whether or not they experience somatic symptoms, frequency of substance use if any use was reported (including marijuana, alcohol, e-cigarettes, cigarettes, and/or other drugs), intention to use substances in the next year, whether they have experienced bullying/harassment in the last year
4. My Stress & Coping: What they are proud of themselves, how they feel on most days, if they are experiencing symptoms of anxiety, depression, or post-traumatic stress disorder (PTSD) and how recently, if they have hurt themselves on purpose in the past year and how recently, if they have thought about ending their life and how recently, if they have ever tried to kill themselves, positive coping strategies, how they feel about the future, whether they have supportive adults outside or inside of school, whether they want to talk to a counselor in private.

Only District staff or its designees will have access to the list that connects Check Yourself responses to student identifying information including names. The District or its designees may use this information and Check Yourself responses in order to engage in Brief Interventions

("BI") to support the student or connect them to resources. BI data will be entered by District or its designees by proxy ID in the Tickit Health Platform. Tickit Health is a secure web-based system that is FERPA and HIPPA compliant. The County or its evaluation subcontractor will maintain the Tickit Health system, and the County or its evaluation subcontractor will support Districts in collecting data using Tickit Health. Data elements captured in Tickit Health include:

1. Demographics: District name, school name, and student proxy ID
2. Screening Background: Check Yourself screening status, barriers to screening, screening date, type of screen, screening assistance, and screening tier results.
3. Brief Intervention: Date of first BI, elements of BI meeting(s) (explore Check Yourself report, goal and impact, motivation, plan for change, plan for meeting with caregiver), caregiver participation, elements of caregiver meeting(s) (establishing an agenda, set guidelines for productive conversation, create a shared goal, mobilize support for next steps)
4. Referral: referral given, referral type, referral notes
5. Closeout: Reason for last BI meeting, referral type made, status of referrals, notes

All BI data will be entered into Tickit Health once a quarter by November 30, March 31, and June 30, 2022-2027. Proxy ID data will be downloaded by the County or its evaluation subcontractors from Tickit Health in January and July of each year, at minimum.

The County will use downloaded data to report aggregate performance measurement and other results to facilitate ongoing learning and quality improvement.